



2026 HIGH HOLIDAYS MENU

Rosh Hashana/Yom Kippur 5787

Rosh Hashana

Order by Sept. 4

Pick up by Sept. 11

Yom Kippur

Order by Sept. 14

Pick up by Sept. 20

To order, email: foodorder@motismarket.com or call (301) 822-4010

\$100 Minimum Order

Visit MotisMarket.com for online shopping. Curbside pick-up welcomed!

SOUPS

Each quart serves three guests

Chicken Noodle (Meat)	\$11.99 qt	Matza Ball (Parve)	\$10.99 qt
Chicken Broth (Meat)	\$10.99 qt	Minestrone (Parve)	\$10.99 qt
Indian Lentil (Parve - GF)	\$10.99 qt	Mushroom Barley (Parve)	\$10.99 qt
Iranian Aash (Parve)	\$10.99 qt	Roasted Butternut Squash (Parve - GF)	\$10.99 qt
Lentil & Vegetable (Parve)	\$10.99 qt	Extra Matza Balls	\$1.59 ea

ENTREES

One pound serves two guests

Fish

Baked Honey Dijon Salmon (GF)	\$20.99 lb
Blackened Grilled Salmon (GF)	\$20.99 lb
Moroccan Style Tilapia (GF)	\$15.99 lb
Salmon Wellington	\$8.99 ea

Beef

Beef Kebabs (GF)	\$25.99 lb
Beef Meatballs (Sweet & Sour or Marinara)	\$15.99 lb
Braised Beef Brisket w/Gravy (GF)	\$28.99 lb
Marinated London Broil (GF)	\$29.99 lb
Meat Stuffed Cabbage (GF)	\$7.99 ea
Meat Stuffed Peppers (GF)	\$8.99 ea
Moussaka	\$14.99 lb
Roast Beef w/Gravy (GF)	\$21.99 lb

Poultry

Chicken Kebabs (GF)	\$18.99 lb
Chicken Marsala	\$18.99 lb
Chicken/Turkey Pot Pie	\$17.99 ea
Grilled Chicken Breast (GF)	\$18.99 lb
Habenero Baked Chicken Leg Quarters (GF)	\$13.99 lb
Home Baked Turkey Breast (GF)	\$18.99 lb
Honey Glazed Chicken Breast (bone in) (GF)	\$15.99 lb
Honey Glazed Leg Quarters (GF)	\$13.99 lb
Moroccan Style Chicken Breast (bone in) (GF)	\$15.99 lb
Moroccan Style Chicken Leg Quarters (GF)	\$13.99 lb
Rotisserie Chicken (whole) (GF)	\$16.99 ea
Schnitzel	\$18.99 lb
Stuffed Chicken Breast w/Spinach & Mushroom	\$19.99 lb
Turkey Meatballs (Sweet & Sour or Marinara)	\$15.99 lb
Whole (12 lb) Roasted Turkey (GF) includes Stuffing & Gravy	\$185.00 ea
Whole (16 lb) Roasted Turkey (GF) includes Stuffing & Gravy	\$225.00 ea

Homemade Turkey Gravy	\$10.99 qt
Homemade Beef Gravy	\$12.99 qt

Vegetarian Options

General Tso's Tofu	\$13.99 lb
Quinoa & Tofu Stuffed Portabella Mushroom	\$7.99 ea
Veggie Stuffed Cabbage (GF)	\$4.99 ea
Veggie Stuffed Peppers (GF)	\$5.99 ea
Beyond Meatballs (Sweet & Sour)	\$16.99 lb

Asian Specialties

Beef and Broccoli (GF)	\$16.99 lb
Pepper Steak (GF)	\$16.99 lb
Chicken Lo Mein	\$14.99 lb
Fried Rice (GF)	\$10.99 lb
General Tso's Chicken	\$14.99 lb
General Tso's Tofu	\$13.99 lb
Stir Fried Vegetables (GF)	\$10.99 lb
Sweet & Sour Chicken	\$14.99 lb
Teriyaki Glazed Chicken Breast	\$18.99 lb
Veggie Lo Mein	\$12.99 lb

Sushi Trays (10-15 pc) & Platters (48, 72, 100, 125 pc)

Avocado Roll (GF)
California Roll (regular or spicy) (GF)
Salmon or Tuna and Avocado Roll (GF)
Salmon or Tuna Nigiri (regular or spicy) (GF)
Salmon or Tuna Roll (regular or spicy) (GF)
Vegetable Roll (GF)

Indian Delights

Beef Vindaloo	\$20.99 lb
Samosas (vegetarian and meat)	\$3.99 ea
Samosa Salad	\$10.99 lb
Tandoori Chicken (whole) (GF)	\$18.99 ea
Tandoori Chicken Leg Quarters (GF)	\$13.99 lb

APPETIZERS

One pound serves five guests

Chopped Liver, Beef	\$12.99 lb
Vegetarian Chopped Liver (Parve)	\$11.99 lb
Traditional Gefilte Fish (4 oz)	\$4.99 ea
Gefilte Fish Loaf (3 lb)	\$37.99 ea
Tricolor Gefilte Fish	\$5.99 ea
Salmon Gefilte Fish Loaf	\$21.99 ea
Two Layer Gefilte Fish w/Salmon	\$4.99 ea

VEGETABLES & SIDES

One pound serves four guests

Albacore Tuna Salad (GF)	\$12.99 lb
Basmati Rice with Lentils & Onions (GF)	\$8.99 lb
Basmati Rice with Saffron (GF)	\$8.99 lb
Classic Coleslaw (GF)	\$6.99 lb
Egg Salad (GF)	\$8.99 lb
Garlic & Herb Roasted Potatoes (GF)	\$7.99 lb
Garlic & Herb Mashed Potatoes (GF)	\$7.99 lb
Glazed Acorn Squash Wedges (GF)	\$11.99 lb
Green Beans with Dill & Garlic (GF)	\$8.99 lb
Honey Glazed Baby Carrots (GF)	\$10.99 lb
Honey Lemon Quinoa w/Pecans (GF)	\$9.99 lb
Israeli Salad	\$8.99 lb
Kasha & Bowties	\$8.99 lb
Mediterranean Orzo Salad	\$8.99 lb
Moroccan Carrots (GF)	\$9.99 lb
Moroccan or Israeli Couscous	\$8.99 lb
Potato Latkes	\$2.25 ea
Ratatouille (GF)	\$7.99 lb
Redskin Potato Salad (GF)	\$7.99 lb
Roasted Cauliflower (GF)	\$15.99 lb
Roasted Sweet Potatoes	\$9.99 lb
Roasted Vegetables (GF)	\$9.99 lb
Sautéed Spinach & Mushrooms (GF)	\$12.99 lb
Sautéed Zucchini (GF)	\$10.99 lb
Sesame Noodles	\$8.99 lb
Traditional Tzimmes (GF)	\$10.99 lb
Savory Quinoa	\$9.99 lb

MOTI'S SALADS 12oz. Pre-Packaged

Babaganoosh (GF)	Four Bean Salad (GF)	Matbucha (GF)	Red Cabbage Salad (GF)
Beet Salad (GF)	Health Salad (GF)	Mediterranean Eggplant Salad	Tabouleh
Cucumber & Onion (GF)	Hearts of Palm Salad (GF)	(GF)	Tehina (GF)
Egg Salad (GF)	Hot Olive Salad (GF)	Moroccan Couscous	Tuna Salad (GF)
Eggplant & Tomato Salad	Hummus (varieties) (GF)	Orzo Salad	Veggie Chopped Liver
Falafel Balls (10)	Israeli Couscous	Quinoa Salad (GF)	

AVAILABLE IN THE BAKERY

Apple Cakes & Honey Cakes
Bourekas (mushroom, potato, spinach), Cookies and Rugelach
Decorated Cakes and Cupcakes, Fudge Brownies
Round Challah (chocolate chip, egg, raisin, water, whole wheat)

PARVE KUGEL

Broccoli, Carrot, Potato, Sweet Corn, Sweet Noodle,
Sweet Potato - GF, Zucchini

Family Size (serves 4-6)	\$11.99
Half Pan (serves 12-15)	\$40.00
Full Pan (serves 24-30)	\$70.00

DAIRY NOODLE KUGEL & QUICHES

Family Size (serves 4-6)	\$12.99
Half Pan (serves 12-15)	\$45.00
Full Pan (serves 24-30)	\$80.00
Quiches (Spinach, Broccoli Cheese Mushroom & Onion)	\$14.99 ea

ANYTIME PLATTERS

Ten-Person Minimum

Dessert Platter Per person: \$6.99

Assorted parve cookies and the best fudge brownies around!

Fancy Pastry Platter Per person: \$9.99

Miniature napoleons, éclairs, petit fours, crème puffs, radio bars & fruit tarts

Fresh Fruit Platter - GF

Small (serves 10) \$50; Medium (serves 15) \$75;

Large (serves 30) \$135

Beautifully presented fruits of the season, including cantaloupe, honeydew, pineapple, grapes, & strawberries

BREAK THE FAST PLATTERS

Ten-Person Minimum

Fish Platter Per person: \$17.99

Lox, whitefish, kippered salmon

Plain & vegetable cream cheese, Sliced cheeses, Tomato, red onion & cucumber, Assorted bagels

Fish Salad Platter Per person: \$15.99

Add lox: \$5 per person

Albacore tuna salad, egg salad whitefish salad, Plain and vegetable cream cheese, Sliced cheeses, Tomato, red onion & cucumber Assorted bagels and hearty rye

Want To Make Your Own Gefilte Fish?

Order ground fish (carp, pike and whitefish).

Call Cruz at 301-468-0400 x112